

FREEZER SECTION

FLYER VALID : May 5-8th, 2025

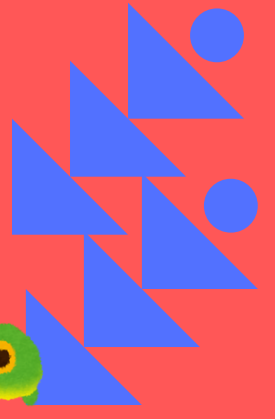
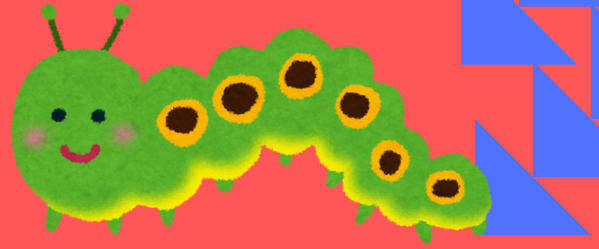
Available Items	Pack / Size / Price
538215 Snowcrest frozen blueberries	2.5kg bag - \$25.00
538371 Snowcrest frozen berry blend	2.5kg bag - \$25.00
230029 Snowcrest frozen strawberries	2.5kg bag - \$25.00
868182 Snowcrest frozen peaches	2.5kg bag - \$25.00
787390 Snowcrest frozen mangoes	2.5kg bag - \$25.00
757229 Snowcrest frozen fruit medley (peaches, strawberries, blueberries)	2.5kg bag - \$25.00
6217806 Parlour mini pizza's 6" Deluxe	18pk - \$35.00
6217822 Parlour mini pizza's 6" Pepperoni	18pk - \$35.00
6217814 Parlour mini pizza's 6" Ham & Pineapple	18pk - \$35.00
2445674 Swiss Chalet chicken pot pie	1 pie @ 650gr - \$10.00
308544 Wong Wing spring rolls - veggie	1.1kg - \$28.50
594481 Coop pot stickers - chicken & veggie	454gr - \$ 7.00

Ordering Instructions:

1. Browse Our Flyers – Check out our latest flyers for available products and deals.
2. Place Your Order – Email your order to jasperfireandice@hotmail.com. Please include your name, and any updated addresses or phone numbers to ensure accurate processing.
3. Minimum Order Requirement – Orders must be at least \$50.
4. Payment – All orders must be prepaid. We accept credit cards and e-transfers.
5. Order Deadline – Orders are accepted for the current week only. All orders must be placed by 2:30pm Mondays or Wednesdays. We will be delivering to Jasper on Tuesdays and Fridays only.
6. Confirmation & Processing – Once your order is received and payment is confirmed, we will process it accordingly and update you via email.

Limits may apply.

Prices subject to change without notice.



KIDS CORNER

FLYER VALID : May 5-8th, 2025

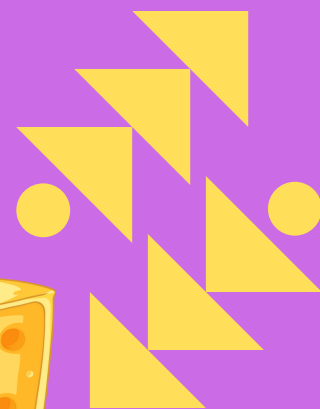
Available Items	Pack / Size / Price
177774 Annie's shells - white cheddar	12x170gr - \$36.00
6420319 Kraft dinner original	12x200gr- \$20.00
198101 Sapporo Ichiban noodles - chicken	24x100gr - \$25.00
225383 Sapporo Ichiban noodles - original	24x100gr - \$25.00
198051 Sapporo Ichiban noodles - beef	24 x 100gr - \$25.00
6321954 Goldfish crackers cheddar family size	1 x 750gr - \$ 13.00
599167 Sunrype fruit source bars - mango & blueberry	12ea - \$13.00 + gst
599340 Sunrype fruit source bars - cherry & strawberry	12ea - \$13.00 + gst
Frozen Items	
627885 Eggo waffles original	1 x 48each - \$18.00
6351936 Pillsbury pizza pops - 3 cheese	30ea - \$30.00
6423628 Pillsbury pizza pops - pepperoni / bacon	30ea - \$30.00

Ordering Instructions:

1. Browse Our Flyers - Check out our latest flyers for available products and deals.
2. Place Your Order - Email your order to jasperfireanddice@hotmail.com. Please include your name, and any updated addresses or phone numbers to ensure accurate processing.
3. Minimum Order Requirement - Orders must be at least \$50.
4. Payment - All orders must be prepaid. We accept credit cards and e-transfers.
5. Order Deadline - Orders are accepted for the current week only. All orders must be placed by 2:30pm Mondays or Wednesdays. We will be delivering to Jasper on Tuesdays and Fridays only.
6. Confirmation & Processing - Once your order is received and payment is confirmed, we will process it accordingly and update you via email.

Limits may apply.

Prices subject to change without notice.



DAIRY ITEMS

FLYER VALID : May 5-8th, 2025

Available Items	Pack / Size / Price
2487957 Sparks large eggs	1 x 30ea - \$13.75
6385975 Coop gold cheddar cheese - old	1 x 700gr - \$14.00
6385900 Coop gold marble cheese	1 x 700gr - \$14.00
274449 Kraft cheddar cheese - medium	1 x 2.3kg - \$49.00
569517 Kraft cheddar cheese - old *Currently out of stock*	1 x 2.3kg - \$49.00
331223 Kraft cheese - marble	1 x 2.3kg - \$49.00
890525 Kraft shredded mont. jack / cheddar mix	1 x 2.5kg \$52.00
844886 Kraft parmesan shredded cheese	1 x 2kg - \$28.00
618256 Coop gold salted butter	1 x 1lb - \$7.50

Ordering Instructions:

1. Browse Our Flyers - Check out our latest flyers for available products and deals.
2. Place Your Order - Email your order to jasperfireanddice@hotmail.com. Please include your name, and any updated addresses or phone numbers to ensure accurate processing.
3. Minimum Order Requirement - Orders must be at least \$50.
4. Payment - All orders must be prepaid. We accept credit cards and e-transfers.
5. Order Deadline - Orders are accepted for the current week only. All orders must be placed by 2:30pm Mondays or Wednesdays. We will be delivering to Jasper on Tuesdays and Fridays only.
6. Confirmation & Processing - Once your order is received and payment is confirmed, we will process it accordingly and update you via email.



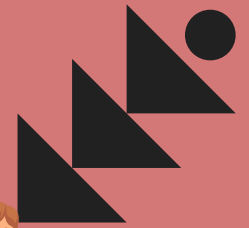
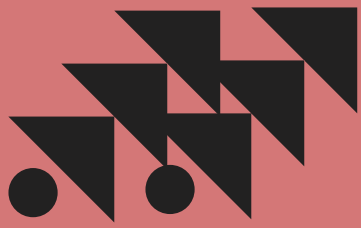
HOUSEHOLD ITEMS:

FLYER VALID : May 5-8th, 2025

Available Items	Pack / Size / Price
57760016 Garbage bags regular strength 20x22 - black	1 box of 500ea - \$26.00 + gst
57760018 Garbage bags regular strength 20x22 - white	1 box of 500ea - \$29.00 + gst
57760019 Garbage bags regular strength 22x24 - black	1 box of 500ea - \$31.95 + gst
57760005 Garbage bags 26x36 extra strong - black	1 box of 125ea - \$30.95 + gst
6226294 Purex bath tissue 2ply	1 package of 30 rolls - \$24.00 (202 sheets/roll) + gst
17905705 Purex bath tissue 2 ply Ind. plastic wrapped	1 box of 60 rolls - \$60.00 (506 sheets /roll) + gst
321950 Scotties facial tissue 2ply	1 x 6 boxes each - \$12.75 + gst
6500821 Bounty select a size	3 rolls -\$12.00 + gst
4788675 Windex original glass cleaner	1 x 5lt - \$24.95 + gst
6265821 Allen's cleaning vinegar 2x	1 x 2.5lt - \$ 5.95 + gst

Ordering Instructions:

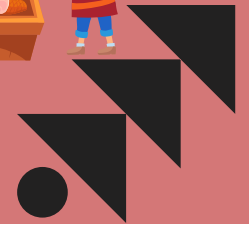
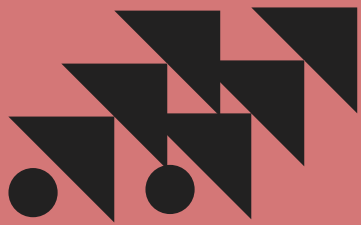
1. Browse Our Flyers – Check out our latest flyers for available products and deals.
 2. Place Your Order – Email your order to jasperfireanddice@hotmail.com. Please include your name, and any updated addresses or phone numbers to ensure accurate processing.
 3. Minimum Order Requirement – Orders must be at least \$50.
 4. Payment – All orders must be prepaid. We accept credit cards and e-transfers.
 5. Order Deadline – Orders are accepted for the current week only. All orders must be placed by 2:30pm Mondays or Wednesdays. We will be delivering to Jasper on Tuesdays and Fridays only.
 6. Confirmation & Processing – Once your order is received and payment is confirmed, we will process it accordingly and update you via email. Limits may apply.
- Prices subject to change without notice.



CARNIVORES FAV

FLYER VALID : May 5-8th, 2025

Available Items	Pack / Size / Price
<u>FROZEN BEEF PRODUCTS:</u>	
WG0016h Wildgame beef striploin steak 7oz AAA CC	1 package of 4 each - \$57.00
WG079h Wildgame beef tenderloin steaks 6oz	1 package of 4 each - \$75.00
WG0017A Wildgame beef sirloin steaks 7oz AAA	1 package of 4 each - \$45.00
WG044H Wildgame beef ribeye steaks 8oz AAA	1 package of 4 each - \$65.00
506824A Lean ground beef 1lb	1 package - \$7.50
506824 Lean ground beef case lot	20 x 1lb packages - \$125.00
WG0045H Wildgame sirloin beef burgers 6oz	4 burgers per package - \$20.00
WG0045HA Wildgame sirloin beef burgers 6oz case lot	30 burgers per case - \$ 99.00
<u>FROZEN CHICKEN & TURKEY PRODUCTS:</u>	
610063 Sepco boneless/skinless chicken breasts 6-8oz	4kg case - \$ 45.00
WG0049H Wildgame free range chicken breast	1 package - \$22.00
573071 Ground Turkey - extra lean 1lb	1 package - \$ 5.00
<u>FROZEN PORK PRODUCTS:</u>	
WG0018H Wildgame boneless pork loin chop 6oz	1 package of 4 each - \$ 19.95
385120 Pork tenderloin	1 package \$14.95
537928 Ground pork - lean 1lb	1 package - \$6.00



CARNIVORES FAV X 2

FLYER VALID : May 5-8th, 2025

Available Items	Pack / Size / Price
<u>FROZEN SEAFOOD:</u>	
2476398 Black tiger shrimp raw peeled 26/30ct 2lbs	1 package - \$ 30.00
2481547 Highliner sole fillets 800gr	1 package - \$14.00
2481539 Highliner haddock fillets 580gr	1 package - \$16.00
555938 Highliner wild pacific salmon fillets 680gr	1 package - \$16.95
598508 Mussels Fully cooked 24/32ct shell on	1lbs package - \$6.00
CUSTOMER FAVORITE	
762468 Donair meat fully cooked /pre sliced 1kg	1 package - \$ 15.95

Ordering Instructions:

1. Browse Our Flyers – Check out our latest flyers for available products and deals.
2. Place Your Order – Email your order to jasperfireandice@hotmail.com. Please include your name, and any updated addresses or phone numbers to ensure accurate processing.
3. Minimum Order Requirement – Orders must be at least \$50.
4. Payment – All orders must be prepaid. We accept credit cards and e-transfers.
5. Order Deadline – Orders are accepted for the current week only. All orders must be placed by 2:30pm Mondays or Wednesdays. We will be delivering to Jasper on Tuesdays and Fridays only.
6. Confirmation & Processing – Once your order is received and payment is confirmed, we will process it accordingly and update you via email.

Limits may apply.

Prices subject to change without notice.



PRODUCE KITS



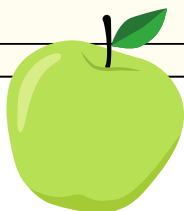
PRE MADE BOXES



FLYER VALID: May 5-8th, 2025

\$39

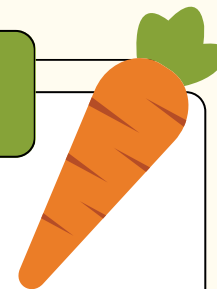
Basic Fruit Kit



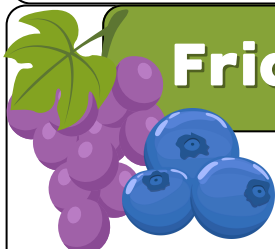
- 6 EACH - APPLES**
- 4 EACH - ORANGES**
- 4 EACH - KIWIS**
- 2 EACH - MANGOES**
- 1 EACH - PINEAPPLE**
- 1 EACH - CANTALOUPE**
- 1 BUNCH - BANANAS**

\$39

Basic Veggie Kit



- 1 BAG - POTATOES**
- 1 BAG - CARROTS**
- 1 EACH - CUCUMBER**
- 1 EACH - CELERY**
- 1 EACH - ROMAINE**
- 1 EACH - YELLOW & RED ONION**
- 1 EACH - TRI COLOR PEPPERS**
- 1 BUNCH - BROCCOLI**
- 1 PINT - GRAPE TOMATOES**



Fridge Filler Fruit Kit

\$59

- 6 EACH - APPLES**
- 4 EACH - ORANGES**
- 4 EACH - KIWIS**
- 1 EACH - CANTALOUPE**
- 1 PINT - RASPBERRIES**
- 2 EACH - MANGOES**
- 2 EACH - LEMONS & LIMES**
- 1 PINT - STRAWBERRIES**
- 1 EACH - PINEAPPLE**
- 4 EACH - PEARS**
- 1 BAG - GRAPES**
- 1 BUNCH - BANANAS**



Fridge Filler Veggie Kit

\$59

- 1 BAG - POTATOES**
- 1 BAG - CARROTS**
- 1 EACH - CUCUMBER**
- 1 EACH - CELERY**
- 1 EACH - ROMAINE**
- 1 EACH - YELLOW & RED ONION**
- 1 BAG - MUSHROOMS**
- 1 PACK - TRI COLOR PEPPERS**
- 1 EACH - BROCCOLI**
- 1 EACH - SPAGHETTI SQUASH**
- 1 PINT - GRAPE TOMATOES**
- 2 EACH - AVOCADOES**
- 1 EACH - CAULIFLOWER**
- 4 EACH - CORN ON THE COB**



THE BREAD BASKET

FLYER VALID : May 5-8th, 2025



Available Items	Pack / Size / Price
6419915 Dempster's White Sandwich bread	1 loaf - \$4.95
6419899 Dempster's Whole Wheat Sandwich bread	1 loaf - \$4.95
6420137 Dempster's Classic Hamburger Buns	1 pack of 8ea - \$5.25
6420152 Dempster's Classic Hot dog Buns	1 pack of 12ea - \$5.00
6404735 Centsibles English Muffins - Plain	1 pack of 6ea - \$4.50
533356 Traditional Naan Bread	1 pack of 6ea - \$4.50
918284 All Butter Croissants - bake and serve	1 case of 40 each - \$85.00
674929 Furlanis Garlic Bread	1 pack - \$5.95
6453922 *GF* Promise white bread loaf 480gr	1 Each - \$7.50
6200125 *GF* 25 Care gluten free pizza crusts	2 pack - \$9.75
6240725 *GF* Coop gold cauliflower pizza crusts	2 pack - \$9.75

Ordering Instructions:

1. Browse Our Flyers - Check out our latest flyers for available products and deals.
2. Place Your Order - Email your order to jasperfireandice@hotmail.com. Please include your name, and any updated addresses or phone numbers to ensure accurate processing.
3. Minimum Order Requirement - Orders must be at least \$50.
4. Payment - All orders must be prepaid. We accept credit cards and e-transfers.
5. Order Deadline - Orders are accepted for the current week only. All orders must be placed by 2:30pm Mondays or Wednesdays. We will be delivering to Jasper on Tuesdays and Fridays only.
6. Confirmation & Processing - Once your order is received and payment is confirmed, we will process it accordingly and update you via email.

Limits may apply.

Prices subject to change without notice.