



FREEZER SECTION

FLYER VALID : July 7-10th, 2025



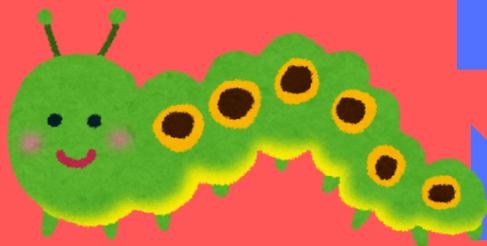
Available Items	Pack / Size / Price
538215 Snowcrest frozen blueberries <i>*Currently out of stock*</i>	2.5kg bag - \$25.00
538371 Snowcrest frozen berry blend (strawberries, blueberries, raspberries, blackberries)	2.5kg bag - \$25.00
230029 Snowcrest frozen strawberries	2.5kg bag - \$25.00
868182 Snowcrest frozen peaches	2.5kg bag - \$25.00
787390 Snowcrest frozen mangoes	2.5kg bag - \$25.00
757229 Snowcrest frozen fruit medley (peaches, strawberries, blueberries)	2.5kg bag - \$25.00
6217806 Parlour mini pizza's 6" Deluxe	18pk - \$35.00
6217822 Parlour mini pizza's 6" Pepperoni	18pk - \$35.00
6217814 Parlour mini pizza's 6" Ham & Pineapple	18pk - \$35.00
2445674 Swiss Chalet chicken pot pie	1 pie @ 650gr - \$10.00
308544 Wong Wing spring rolls - veggie	1.1kg - \$28.50
2474310 Coop pot stickers - pork, veggie & ginger	454gr -\$ 7.00

Ordering Instructions:

- 1. Browse Our Flyers – Check out our latest flyers for available products and deals.
- 2. Place Your Order – Email your order to jasperfireandice@hotmail.com. Please include your name, and any updated addresses or phone numbers to ensure accurate processing.
- 3. Minimum Order Requirement – Orders must be at least \$50.
- 4. Payment – All orders must be prepaid. We accept credit cards and e-transfers.
- 5. Order Deadline – Orders are accepted for the current week only. All orders must be placed by 2:30pm Mondays or Wednesdays. We will be delivering to Jasper on Tuesdays and Fridays only.
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Limits may apply.

Prices subject to change without notice.



KIDS CORNER

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Available Items	Pack / Size / Price
177774 Annie’s shells - white cheddar	12x170gr - \$36.00
6420319 Kraft dinner original	12x200gr- \$20.00
198101 Sapporo Ichiban noodles - chicken	24x100gr - \$25.00
225383 Sapporo Ichiban noodles - original	24x100gr - \$25.00
198051 Sapporo Ichiban noodles - beef	24 x 100gr - \$25.00
6321954 Goldfish crackers cheddar family size	1 x 750gr - \$ 13.00
599167 Sunrype fruit source bars - mango & blueberry	12ea - \$13.00 + gst
599340 Sunrype fruit source bars - cherry & strawberry	12ea - \$13.00 + gst
Frozen Items	
627885 Eggo waffles original	1 x 48each - \$18.00
6351936 Pillsbury pizza pops - 3 cheese	30ea - \$30.00
6423628 Pillsbury pizza pops - pepperoni / bacon	30ea - \$30.00

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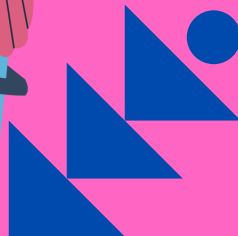
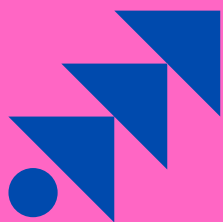
DAIRY ITEMS

FLYER VALID : July 7-10th, 2025

Available Items	Pack / Size / Price
2487957 Sparks large eggs	1 x 30ea - \$13.75
6385975 Coop gold cheddar cheese - old	1 x 700gr - \$14.00
6385900 Coop gold marble cheese	1 x 700gr - \$14.00
274449 Kraft cheddar cheese - medium	1 x 2.3kg - \$49.00
569517 Kraft cheddar cheese - old	1 x 2.3kg - \$49.00
331223 Kraft cheese - marble *Currently out of stock*	1 x 2.3kg - \$49.00
890525 Kraft shredded mont. jack / cheddar mix	1 x 2.5kg \$52.00
844886 Kraft parmesan shredded cheese	1 x 2kg - \$28.00
618256 Coop gold salted butter	1 x 1lb - \$7.50

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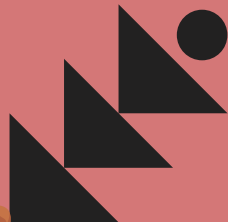
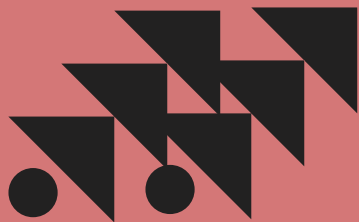
HOUSEHOLD ITEMS:

FLYER VALID : July 7-10th, 2025

Available Items	Pack / Size / Price
57760016 Garbage bags regular strength 20x22 - black	1 box of 500ea - \$26.00 + gst
57760018 Garbage bags regular strength 20x22 - white	1 box of 500ea - \$29.00 + gst
57760019 Garbage bags regular strength 22x24 - black	1 box of 500ea - \$31.95 + gst
57760005 Garbage bags 26x36 extra strong - black	1 box of 125ea - \$30.95 + gst
6226294 Purex bath tissue 2ply	1 package of 30 rolls - \$24.00 (202 sheets/roll) + gst
17905705 Purex bath tissue 2 ply Ind. plastic wrapped	1 box of 60 rolls - \$60.00 (506 sheets /roll) + gst
321950 Scotties facial tissue 2ply	1 x 6 boxes each - \$12.75 + gst
6500821 Bounty select a size	3 rolls -\$12.00 + gst
4788675 Windex original glass cleaner	1 x 5lt - \$24.95 + gst
6265821 Allen’s cleaning vinegar 2x	1 x 2.5lt - \$ 5.95 + gst

Ordering Instructions:

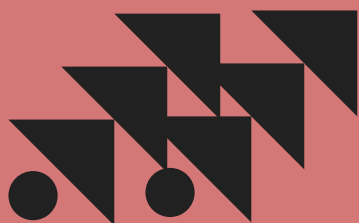
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CARNIVORES FAV

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Available Items	Pack / Size / Price
<u>FROZEN BEEF PRODUCTS:</u>	
WG0016h Wildgame beef striploin steak 7oz AAA CC	1 package of 4 each - \$57.00
WG079h Wildgame beef tenderloin steaks 6oz	1 package of 4 each - \$75.00
WG0017A Wildgame beef sirloin steaks 7oz AAA	1 package of 4 each - \$45.00
WG044H Wildgame beef ribeye steaks 8oz AAA	1 package of 4 each - \$65.00
506824A Lean ground beef 1lb	1 package - \$7.50
506824 Lean ground beef case lot	20 x 1lb packages - \$125.00
WG0045H Wildgame sirloin beef burgers 6oz	4 burgers per package - \$20.00
WG0045HA Wildgame sirloin beef burgers 6oz case lot	30 burgers per case - \$ 99.00
<u>FROZEN CHICKEN & TURKEY PRODUCTS:</u>	
610063 Sepco boneless/skinless chicken breasts 6-8oz	4kg case - \$ 50.00
WG0049H Wildgame free range chicken breast	1 package - \$22.00
573071 Ground Turkey - extra lean 1lb	1 package - \$ 5.00
<u>FROZEN PORK PRODUCTS:</u>	
WG0018H Wildgame boneless pork loin chop 6oz	1 package of 4 each - \$ 19.95
385120 Pork tenderloin	1 package \$14.95
537928 Ground pork - lean 1lb	1 package - \$6.00



CARNIVORES FAV X 2

FLYER VALID : July 7-10th, 2025

Available Items	Pack / Size / Price
<u>FROZEN SEAFOOD:</u>	
2476398 Black tiger shrimp raw peeled 26/30ct 2lbs	1 package - \$ 30.00
2481547 Highliner sole fillets 800gr	1 package - \$14.00
2481539 Highliner haddock fillets 580gr	1 package - \$16.00
555938 Highliner wild pacific salmon fillets 680gr	1 package - \$16.95
598508 Mussels Fully cooked 24/32ct shell on	1lbs package - \$6.00
CUSTOMER FAVORITE	
762468 Donair meat fully cooked /pre sliced 1kg	1 package - \$ 15.95

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PRODUCE KITS



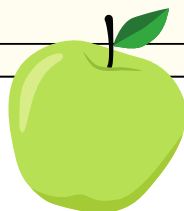
PRE MADE BOXES



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\$39

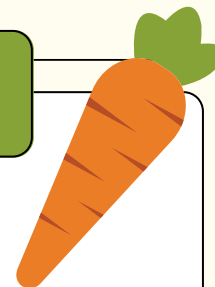
Basic Fruit Kit



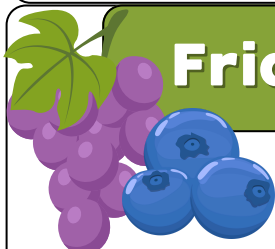
- 6 EACH – APPLES**
- 4 EACH – ORANGES**
- 4 EACH – KIWIS**
- 2 EACH – MANGOES**
- 1 EACH – PINEAPPLE**
- 1 EACH – CANTALOUPE**
- 1 BUNCH – BANANAS**

\$39

Basic Veggie Kit



- 1 BAG – POTATOES**
- 1 BAG – CARROTS**
- 1 EACH – CUCUMBER**
- 1 EACH – CELERY**
- 1 EACH – ROMAINE**
- 1 EACH – YELLOW & RED ONION**
- 1 EACH – TRI COLOR PEPPERS**
- 1 BUNCH – BROCCOLI**
- 1 PINT – GRAPE TOMATOES**



Fridge Filler Fruit Kit

\$59

- 6 EACH – APPLES**
- 4 EACH – ORANGES**
- 4 EACH – KIWIS**
- 1 EACH – CANTALOUPE**
- 1 EACH – MINI WATERMELON**
- 2 EACH – MANGOES**
- 2 EACH – LEMONS & LIMES**
- 1 PINT – STRAWBERRIES**
- 1 EACH – PINEAPPLE**
- 4 EACH – PEARS**
- 1 BAG – GRAPES**
- 1 BUNCH – BANANAS**



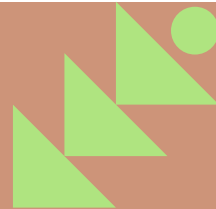
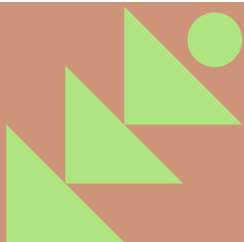
Fridge Filler Veggie Kit

\$59

- 1 BAG – POTATOES**
- 1 BAG – CARROTS**
- 1 EACH – CUCUMBER**
- 1 EACH – CELERY**
- 1 EACH – ROMAINE**
- 1 EACH – YELLOW & RED ONION**
- 1 BAG – MUSHROOMS**
- 1 PACK – TRI COLOR PEPPERS**
- 1 EACH – BROCCOLI**
- 1 EACH – SWEET POTATO**
- 1 PINT – GRAPE TOMATOES**
- 2 EACH – AVOCADOES**
- 1 EACH – CAULIFLOWER**
- 4 EACH – CORN ON THE COB**

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THE BREAD BASKET

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Available Items	Pack / Size / Price
6419915 Dempster's White Sandwich bread	1 loaf - \$4.95
6419899 Dempster's Whole Wheat Sandwich bread	1 loaf - \$4.95
6420137 Dempster's Classic Hamburger Buns	1 pack of 8ea - \$5.25
6420152 Dempster's Classic Hot dog Buns	1 pack of 12ea - \$5.00
6404735 Centsibles English Muffins - Plain	1 pack of 6ea - \$4.50
533356 Traditional Naan Bread	1 pack of 6ea - \$4.50
918284 All Butter Croissants - bake and serve	1 case of 40 each - \$85.00
674929 Furlanis Garlic Bread	1 pack - \$5.95
6453922 *GF* Promise white bread loaf 480gr	1 Each - \$7.50
6200125 *GF* 25 Care gluten free pizza crusts	2 pack - \$9.75
6240725 *GF* Coop gold cauliflower pizza crusts	2 pack - \$9.75

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